



## **BE A PART OF SENIOR SPORTS AT THE WORLD SPORTS GAMES 2025 IN LOUTRAKI, GREECE!**

We welcome active seniors 55+ who can walk and move without problems to participate in competitions and championships in modified activities in the World Sports Games 2025. We also welcome trainers and instructors with experience and interest in physical activities for seniors to join and get inspired.

Contact your member organisation to participate in the World Sports Games 2025 in Loutraki, Greece and learn more about accomodation and prices.

**Deadline for registration is by the end of January 2025, but your local organisation has an earlier deadline.**



## **WORLD SPORTS GAMES SENIORS 55+ PROGRAM**

The program will take place over four days from June 4. to June 7. every day from 10.00 - 13.00 o'clock. There will be two blocks with two activities every day – so you can try all activities in the program.

- **Walking Football introduction + tournament**
- **Catch 'n & Serv (volleyball adopted to seniors)**
- **Exercises with small rice bags**
- **In balance through Martial Arts**
- **AQUA-gym**
- **Ancient Greek Sports**
- **Krolf - a fun combination of croquet and golf**
- **Greek traditional folk-dance**
- **Guided tourist tour**

**SCAN TO SEE THE  
FULL PROGRAM**



<https://2025.csit-world-sports-games.com/the-games/>

### **FOR FURTHER INFORMATION PLEASE CONTACT:**

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